

CANNON FALLS SCHOOLS

JULY 2018 Breakfast & Lunch Menu

This is an equal opportunity provider

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Uncrustable PBJ Cheese Stick or Yogurt Fresh Vegetables Applesauce Chips	3	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Big Daddy Pizza Green Beans Pineapple	4		5	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Chicken Patty on a bun Fresh Vegetables Peaches Chips	6	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Max Stix w/Sauce Veggie Tray Side Kick
9	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Hamburger on a Bun Baked Beans Pickles/Chips Baby Carrots Peaches	10	Banana Bread Juice and Fruit Cheese Stick or Yogurt BBQ Chicken Sandwich on a bun Mixed Vegetables Pears	11	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Ham Sandwich on a bun Veggie Tray Applesauce Cookie	12	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Meatloaf Sandwich on a bun Veggie Tray Mandarin Oranges	13	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Italian Dunker w/Sauce Veggie Tray Mixed Fruit Sherbet
16	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Chicken Nuggets/Dinner roll Tator Tots Pears Veggie Tray	17	Muffin or Cereal Juice and Fruit Cheese Stick or Yogurt Sloppy Joe on a Bun Pickles / Chips Mandarin Oranges Veggie Tray	18	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Uncrustable PBJ Cheese Stick or Yogurt Carrots Fresh Fruit Cookie	19	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Meatball Sub on a bun Peas Peaches	20	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Pizza Veggie Tray Fruit Choice Sherbet
23	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Uncrustable PBJ Cheese Stick or Yogurt Veggie Tray Applesauce	24	Bagel or Cereal Bar Juice and Fruit Cheese Stick or Yogurt Mr Ribb on a Bun Peas Pears Chips	25	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Turkey or Ham Sandwich Pineapple Veggie Tray Chips Cookie	26	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Cheeseburger on a Bun Pickles Peaches Veggie Tray Chips	27	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Max Stix w/Sauce Veggie Tray Side Kick
30	Cereal Bowl or Bar Juice and Fruit Cheese Stick or Yogurt Uncrustable PBJ Cheese Stick or Yogurt Carrots Mandarin Oranges Cookie	31	Banana Bread or Cereal Juice and Fruit Cheese Stick or Yogurt Chicken Patty on a Bun Green Beans Fruit Cup Sherbet Chips				All meals are subject to change and include milk choice of chocolate, skim, lactaid or 1% Fruit and Vegetable bar is available with all meals	Breakfast is served 7:30 – 8:30 AM Lunch is served 11:30 AM – 12:30 PM	