





# CANNON FALLS SCHOOLS

## AUGUST 2019 Breakfast & Lunch Menu

This is an equal opportunity employer

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		<b>OTHER OPTIONS AVAILABLE AT LUNCH:</b> <ul style="list-style-type: none"> <li>• Fresh Fruit</li> <li>• Meat &amp; Cheese Sandwich</li> </ul>				<b>1</b> <i>Banana Bread</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Hot Ham & Cheese Pears Mandarin Oranges Cookie		<b>2</b> <i>Cereal Bar</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Italian Dunker w/Sauce Veggie Tray Mixed Fruit	
<b>5</b> <i>Cereal</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Chicken Sandwich California Blend Vegetables Peaches		<b>6</b> <i>Muffin</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Soft Shell Beef Taco W/Fixings Applesauce		<b>7</b> <i>Cereal</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Pizza Green Beans Pineapple Apple		<b>8</b> <i>Cereal</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Sloppy Joe on a Bun Pickles Veggie Tray Pears / Chips		<b>9</b> <i>Cereal Bar</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Max Stix w/Sauce Veggie Tray Mixed Fruit	
<b>12</b> <i>Cereal</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Pizza Green Beans Pineapple		<b>13</b> <i>Donut</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Beef Nachos W/Fixings Applesauce		<b>14</b> <i>Cereal</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Turkey Sandwich Cheese Stick Carrots Peaches / Cookie		<b>15</b> <i>Cereal</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Meatball Sub w/Sauce Veggie Tray Pears		<b>16</b> <i>Cereal Bar</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Corn Dog Veggie Tray Mixed Fruit	
<b>19</b> <i>Cereal</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Hamburger on a Bun Pickles Baked Beans Pears		<b>20</b> <i>Muffin</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Beef Taco in a Bag w/Fixings Applesauce		<b>21</b> <i>Cereal</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Pizza Green Beans Pineapple		<b>22</b> <i>Cereal</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Chicken Nuggets Tator Tots Mandarin Oranges		<b>23</b> <i>Cereal Bar</i> <i>Juice and Fruit</i> <i>Cheese Stick or Yogurt</i>  Hot Dog on a Bun w/Fixings Veggie Tray Mixed Fruit	
 <p><b>It's SUMMER!</b></p>		All meals are subject to change and include milk choice of chocolate, skim, lactaid or 1%				Breakfast is Served 7:30 – 8:30 AM  Lunch is Served 11:30 AM – 12:30 PM		